

# FOUNTAINHEAD REGIONAL PARK

## MOUNTAIN BIKE TRAIL

FULL CIRCUIT APPROXIMATELY 8.0 MILES (BIKES ONLY)



**Legend**

|  |                     |  |                     |
|--|---------------------|--|---------------------|
|  | Bathroom            |  | Fast downhill       |
|  | Boat ramp           |  | Technical downhill  |
|  | Fishing dock/store  |  | Steep climb         |
|  | Miniature golf      |  | Rock garden         |
|  | Parking             |  | Root garden         |
|  | Picnic table        |  | Mountain bike trail |
|  | Public phone        |  | Trail bypass        |
|  | Reservation shelter |  | Two way traffic     |
|  | Water trail access  |  | Stream              |
|  | Park boundary       |  | Water               |

**YOU ARE HERE**

**EXIT**

**ENTER**

Northern Virginia Archers  
(members only)

Stairway to Heaven

Tree-water Run

Loop 1  
1.44 mi

Cardiac Hill

Shock-A-Billy Hill

Rock Garden  
All Loop

Showered to  
Shock-A-Billy Hill  
Bypass Loop

Salamander  
Switchback

Jack Rabbit Run

Loop 2  
2.28 mi

Toilets and  
Picnic Tables at  
Skinny Hollow

Loop 3  
0.97 mi

Opossum Poke Hill

Loop 4  
Bypass

Loop 4  
Bypass

Loop 4  
Bypass

Loop 4  
Bypass

Loop 4  
Bypass

Loop 4  
Bypass

Loop 4  
Bypass

Loop 4  
Bypass

Loop 4  
Bypass

Loop 4  
Bypass

Loop 4  
Bypass

Loop 4  
Bypass

Loop 4  
Bypass

Loop 4  
Bypass

Loop 4  
Bypass

Loop 4  
Bypass

Loop 4  
Bypass

Loop 4  
Bypass

Stink Ascend

Daytona Curve

Holy Grail Hill

Loop 5  
1.10 mi

Loop 5  
Bypass

Loop 5  
Bypass

Loop 5  
Bypass

Loop 5  
Bypass

Loop 5  
Bypass

OCCOQUAN  
RESERVOIR

RESERVOIR

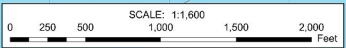
MOUNTAIN  
DULCIMER CT

447

447

RUNNING  
FOX CT

447



OCCOQUAN  
CLUB DR

PRINCE WILLIAM COUNTY  
FAIRFAX COUNTY